



THE WORLD OF YOGA

YOGA VEDANTA FOREST ACADEMY  
THE INTERNATIONAL  
SIVANANDA YOGA VEDANTA CENTRE

HEADQUARTERS  
SIVANANDA ASHRAM YOGA CAMP  
85th AVE, THE HORN, QUEBEC J0T 2R0, CANADA

Whereas by the Grace of God, the title

**YOGA SIROMANI**  
Teacher of Yoga

has been awarded to

*Girdhar Gopal*

for training rendered and meritorious  
services rendered in the field of  
**PROPAGATION OF YOGA**

We make this award in token of such  
recognition with a prayer to the Almighty  
to bless the recipient hereof with  
health, long life, peace, prosperity  
and spiritual enlightenment.

Issued at MADURA MEGALAYAM ASHRAM  
on this 10<sup>th</sup> day of FEBRUARY in the year 2009

*Swami Sivananda*

Member,  
Executive Board

*Swami Sivananda*

Member,  
Executive Board



Diploma No. 19,249